Blog: 8.11.26

5/52 to go until I have a right hip replacement, something I never expected! I haven't been limping much, partly because the left knee is sore too and doesn't like taking on more than its share of the loading. Most days at the surgery I am managing fine with just paracetamol but there occasional days like today I am really sore. My fault really, as yesterday I left the garage door open so I could load some stuff into the car and those dratted free range, fat and very entitled 5 hens of ours came in through the laundry heading straight for the cats food! They not only make such a mess shaking the minced catsmeat off their beaks, but an enormous fuss when caught! They then tried to run anywhere but out the open front door squawking their heads off about what a meanie I was, how they were absolutely starving waifs being denied measly scraps, and definitely how rude I am to them. My hip really didn't like the ducking and diving trying to get them out. I stop work, 15th December and will be away for a month over the Christmas and New year break and then should be fit to come in mornings, and if needed be available on the telephone in afternoons. It really is ma te wa. what will be will be. Bad news from the orthopaedic surgeon, was he wants to do my left knee, as soon as possible after. That could be 5-6 months later though, and that far out easy to ignore at the moment. Denial is such a helpful tool sometimes . Dr Dom will be on over the days between Christmas and New year and the days after that running A and E alternative [with 1far, far shorter wait times and ordinary fees!]for our patients. As usual we start at 8am and its walkins not appointments but you are welcome to ring and see when to come on in. If nobody else turns up by 4pm we go home to our families too. He was going to do it anyway as I have done it for years on my own, letting others have family time. This year I had been hoping to join my daughter and her Wellington family over in their bach on Arapawa Is in the Marlborough Sounds. My 9 year old grandson is very disappointed I'm not coming. 'Taua," he said" You have to come. No-one else knows how to tie fishhooks on properly, and we keep losing them. " which reminds me to pass on anyone who wants lumps and bumps removals, minor surgery and joint injections to book now before I go on leave. IUCD and jadelle insertions are done by all the other doctors too so that procedure won't be affected by my absence.

Dr Navarone Hindmarsh-Rogers { Dr Nav] comes back to us permanently from the beginning of February and we are looking forward to having him back enormously. Dr Kendal has left now and we wish him well for his exams, Dr Ranche now does Thursdays at the practice as well as Fridays, And Dr Dominic is available Monday, Tuesday and next year on Wednesday's.

My granddaughter, just 7 yesterday, loved the Red Velvet cake at the 40th birthday of the surgery celebration at the marae so she is having another one for her delayed birthday party next weekend. She asked, "Taua, are you going to have a 50 year's celebrations too because I will be 17 by then and should be able to drive by then too, if I pass that is'." I had to reassure her that I hoped to, but couldn't promise. I do hope to, and you never know what a new hip and a new knee do to the energy levels. Pain is quite draining.

Ma te wa, Jacqueline